

Dear Upper Horfield,

Since our last newsletter we were treated to our year 2 class assembly as well as our year 5 class assembly. Our year 2 children shared their learning around History their topic of Explorers, with a focus on the lives and achievements of explorers such as Christopher Columbus, Neil Armstrong and of course John Cabot with his links to Bristol. During our year 5 assembly, the children shared their learning around their History topic on the Early Islamic Empire. It was amazing to learn about just how much influence this historical / cultural period has had on modern civilization, and yet it is relatively unheard of.

With the success of the SEND coffee morning last term, we are holding a similar coffee morning on Tuesday 6th March at 9:00am, for parents to meet with our school nurse, to find out more about what their service can offer and provide a valuable opportunity to ask them for advice.

On a very serious note, it has come to our attention that some of our children have had negative experiences outside school, while using online social media, specifically Snapchat. Our advice to parents is to be very careful about what apps your child is using and how they use them. For example, Snapchat is unsuitable for children under 13 years of age and there are age restrictions for this and many others. We understand that keeping track of how our children access the internet at home can be tricky. However, we all have a responsibility to ensure that they are safe online. The good news is that there are more age-appropriate social media apps that are available, if your child is showing an interest in this. We have included some links with advice on the subject later in this newsletter.

Social Media

If your child is showing an interest in using social media, here are a couple of links to take you to some advice as well as some social networks that are more suitable for our children rather than others, such as Snapchat.

<https://www.internetmatters.org/resources/social-media-networks-made-for-kids/>

swgfl.org.uk/topics/social-media/

School Dinners

Parents/Carers, school dinners need to be paid in advance please. £2.70 per day - £13.50 per week.





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Check out our timetable



5-8 year-olds

Monday 5:30pm, Tuesday 4:30pm



9-12 year-olds

Monday 6:30pm, Tuesday 6:30pm

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[beezeebodies.com/
programs/families-live/](https://beezeebodies.com/programs/families-live/)

Most people visit our website

to find out more

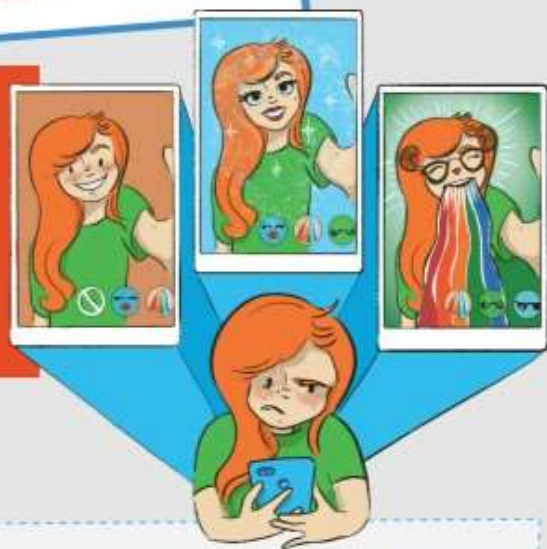


[BZLiveCentral@
maximusuk.co.uk](mailto:BZLiveCentral@maximusuk.co.uk)

For alternative formats, email marketing@maximusuk.co.uk quoting X22-1896

Online Safety and Social Media

Social media is an online platform that allows users to connect with others online. Depending on what platform you use, social media can allow you to communicate and share information with others with the intention to update or engage a specific audience. This can often include sharing videos, images, status updates or posts with a group of followers that can sometimes cover a global scale.



A lot of the time, social media is a positive place where users support each other. Despite this, it can also house toxic and harmful behaviours, which can be directed towards specific individuals or groups with the intention to harass, or cause upset.

Benefits of Social Media

- 1 Available and accommodating to most audiences
- 2 Can promote positivity and healthy expression
- 3 An accessible platform to connect with others
- 4 An instant platform for news and global awareness

Considerations for Social Media

- 1 Harmful and offensive content may be seen across platforms
- 2 Can be used to promote misleading information
- 3 Can promote unhealthy expectations and pressure for young people
- 4 Can impact digital wellbeing if not managed correctly

Harm on Social Media

Many social media platforms have adapted to include reporting features in order to tackle certain types of online harm. Some of these harms to watch out for include:

- 1 Fake online profiles
- 2 Misinformation or fake ads
- 3 Scamming or fraud attempts
- 4 Radical online content



Socialising Online

Social media provides a lot of freedom in how to connect with other users as well as how information and content is made available. This has provided certain platforms with worldwide appeal, giving anyone an opportunity to connect and engage with others. To promote keeping safe on social media, ensure that young people know how to:

- 1 Report harmful content online
- 2 Block and report users who are being offensive or harmful
- 3 Manage privacy settings to limit exposure to known friends and family members
- 4 Speak to a trusted adult if they are concerned about something online

To find out more about Social Media visit the SWGfL hub:
swgfl.org.uk/topics/social-media/

or scan the QR code



Further Support

Professionals Online Safety Helpline: saferinternet.org.uk/professionals-online-safety-helpline

Harmful Sexual Behaviour Support Service: swgfl.org.uk/harmful-sexual-behaviour-support-service/

Report Harmful Content:
reportharmfulcontent.com

DT DAY!

Thursday 25th January 2024

On DT Day each class completed the 'Egg Drop Challenge'. In this challenge the children worked in groups to build a structure to protect an egg when being dropped from a great height.

The children had a budget to keep to when choosing their materials. We then streamlined the groups ideas to create one class structure that will be tested against the other class' structures in our assembly next Friday 2nd February.

Here are some photos of the Year 3s making their structures and each group's final design.



UPPER HORFIELD COFFEE MORNING

With the School Nurse

Tuesday 6th February

@9-10.30am



Come along and chat with the school nurse
and find out what advice and support is
available locally to support you and your
family



Diary Dates

Year 3 trip to Bristol Museum

Tuesday 6th February

Last day of term

Friday 9th February

Term 4

Monday 19th February

World Book Day

Thursday 7th March

Year Reception, Year 1 and Year 2 Trip to Wild Place

Wednesday 20th March 2024

We have spaces in our Nursery in January!

<https://www.upperhorfield.bristol.sch.uk/>



Exciting and stimulating
environments inside and
outside

Completely free places for:

- 3 year olds (15 and 30* hours)
- 2 year olds (15 hours currently* and for working parents from April 2024*.)
* dependent on eligibility
- Any hours outside of free entitlement charged at £8 an hour (all age groups)

**2 – 4 year old
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and dedicated staff



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A welcoming and
supportive setting where
your child can grow and
flourish



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Places filled on a first come first served basis.
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September 2024!